Hosted by HORSEPOWER, equine-facilitated learning (EFL) and equine-facilitated psychotherapy (EFP) sessions are available.

EFL & EFP sessions offer deep insight and healing opportunities. Discovering the ways we connect and hold relationship are key components to the Healing with Horses approach. Horses bring their natural gifts of being in the present and engaging with people in ways that offer support and growth.

*We engage with the horses while they are at liberty (not tied). In dialogue we approach together, engage safely and respond to what the horses offer. You can bring a specific topic or intention to your session or we can see what comes up for you in the moment.* - Kris

Equine sessions are helpful as an adjunct to an existing therapy relationship or as their own experience. Individual, couples, families & workplace teams benefit from Equine-Facilitated sessions.

Experience with horses is not necessary to participate. Contact Kris for more information. Demonstrations & facility tours can be scheduled.

Checkout the HORSEPOWER Website for additional session information or www.circle-space.org.

Kris Miner 605-831-0119
*Healing with Horses  HORSEPOWER*
26659 Blue Sage Ln. Sioux Falls, SD 57106
www.circle-space.org

Kris graduated from Gregory High School in 1986, she attended college at SDSU, graduating with a MS in Counseling. She has worked as an in-home family therapist, a county social worker and supervisor. She ran a Restorative Justice non-profit for 10 years, facilitating, designing and developing programs. Kris is skilled in facilitating healing and has worked with severe crime and violence, survivors of trauma, those impacted by suicide and Veterans.

Kris is a 2019 graduate of the HERD Institute Equine-Facilitated Learning Program. She is completing the requirements to be certified as an Equine-Facilitated Psychotherapist. Kris is pre-licensed in South Dakota as a Licensed Professional Counselor.

She is the 4th generation on the family ranch, raising 8 horses and working for the SD Grassland Coalition.